

FOR IMMEDIATE RELEASE

Zanes Law Gets National Award for ‘Fit-Friendly Worksite’
American Heart Association recognizes injury law firm for promoting heart-healthy habits

Tucson, Ariz. (April 3, 2014) – Zanes Law, a leading [Arizona injury law firm](#), is proud to announce that it has received Gold Award recognition for 2013 as a “Fit-Friendly Worksite” by the American Heart Association. The AHA recognizes employers across the nation who go above and beyond when it comes to employees’ health.

“We care about our clients and our employees at Zanes Law,” says Claudia Zanes, Director of Business & Marketing (Non-Attorney) of the fastest growing law firm in Southern Arizona with her husband, Doug Zanes. “We’re thankful to the American Heart Association for recognizing Zanes Law as a fit-friendly workplace for 2013. It’s been incredible to see our employees’ efforts to create a healthier work environment and also to become healthier, more active individuals.”



In April, employees took part in the AHA’s Heart Walk, with more than 50 staff members and relatives participating.

In addition, Zanes Law employees participated in the Beat Cancer Boot camp, working out twice a week for a month with the group and completing an obstacle course last March. They also volunteered their time to participate in the 2013 Go Red Day, which promotes heart health, by wearing red and providing red heart-healthy food all day. Claudia Zanes even chaired the AHA’s Go Red for Women event in November of last year.



Throughout 2013, Zanes Law replaced typical work snacks with healthier options such as fresh fruit and vegetables. Employees also have access to an internal gym to use before, during and after work.

For more about Zanes Law, please visit ZanesLaw.com. To interview Claudia Zanes, please call the contacts listed at the bottom of this release.

ABOUT ZANES LAW

Zanes Law is an 11-year injury law firm in Southern Arizona, with a large practice in motor vehicle accidents and workers' compensation. Founded in 2003, the firm is led by Doug Zanes, CEO/Responsible Attorney, and Claudia Zanes, Director of Business & Marketing (Non-Attorney). Its attorneys have more than 50 years of combined experience in personal injury law. Zanes Law has three offices in Tucson and two in Phoenix, and prides itself on strong community involvement. More information is available by calling (888) 894-0135 or visiting ZanesLaw.com.

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